

Contact Details of BPMUs Staff & BMOs as on 31st March 2024

Sl. No.	District Name	Block Name	Name	Designation	Contact No./ Mobile No.	Email Ids	
1	South West Khasi Hills	Mawkyrwat Block	Dr. Firstborn Richard Lartang	Block Medical Officer	8119009866	richardlartang@gmail.com	
2			Aidaboklin Lyngkhoi	Block Programme Manger	9402583945	aidabok97@gmail.com	
3			Smt. Happymerry Lyngkhoi	Block Accounts Manager	8575745877	happilyngkhoi123@gmail.com	
4			Shri.Perfectstar Lyngdoh	Block Data Manager	8837222381	marshilong88@gmail.com	
5		Ranikor Block	Dr. Gabrieldo Nongsiej	Block Medical Officer	8787853475	-	
6			Smti. Luckcy Mary Syiemlieh	Block Programme Manger	9436193507	luckcymarysyiemlieh@gmail.com	
7			Shri. Skhemborlang Lyngdoh	Block Accounts Manager	6009509031	langskhembor@gmail.com	
8			-	Block Data Manager	-	-	
9	West Jaintia Hills	Amlarem Block	Dr. Arvind Khonglah	Block Medical Officer	8413079807	khonglaharvind@gmail.com	
10			Ioomi Najiar	Block Programme Manager	8731063572	iominaj2@gmail.com	
11			Laphira Challam	Block Accounts Manager	9862703228	laphirach@gmail.com	
12			Aphilia Ryntathiang	Block Data Manager	9089075080	aphilisha@gmail.com	
13		Thadlaskein Block	Dr. Marshall Lamare	Block Medical Officer	7005692580	marshalllamare02@gmail.com	
14			Acquilla M Lamin	Block Programme Manager	9862213911	laminweela@gmail.com	
15			Lamsa O Tang	Block Accounts Manager	7308565651	lamsamayalang@gmail.com	
16			Saphapaia Sariang	Block Data Manager	9862213924	sapha12345@gmail.com	
17		Laskein Block	Dr. Aijinghun Suchiang	Block Medical Officer	8730805729	aijinghunsuchian1992@gmail.com	
18			Lamshwa Sympli	Block Programme Manager	8794170770	lamshwasympli@gmail.com	
19			Dakular Talang	Block Accounts Manager	8014353050	tdakular@gmail.	
20			Palat Kamar	Block Data Manager	7005393516	palatkamar@gmail.com	
21		East Jaintia Hills	Khliehriat Block	Dr. W. Bamon	Block Medical Officer	8787579506	bwandap@gmailcom
22				Shri. Lastone Bamon	Block Programme Manager	7629908911	ibz0204@gmail.com
23				Shri. Hamlet Suiam	Block Accounts Manager	9612813890	hamletsuiam@gmail.com
24				Shri. Joshua S. Lamin	Block Data Manager	7005735669	joshullai@gmail.com
25	Saipung Block		Dr. R. Toi	Block Medical Officer	8132003134	ritreki@gmai.com	
26			Smt. Theimon Phawa	Block Programme Manager	8132000391	theimonphawa27@gmail.com	
27			Shri. Ram Felix Talang	Block Accounts Manager	8974207992	talandfelix@gmail.com	
28			Smt. Balarihun Lamin	Block Data Manager	7005990675	balarihunlamin1@gmail.com	
29	East Garo Hills	Dambo Rongjeng Block	Dr. Mylieu R Marak	Block Medical Officer	8837286322	mylieumarak@gmail.com	
30			Shri.Tengran G. Momin	Block Programme Manager	9366682530	tengrangarey@yahoo.com	
31			Tito Ch Marak	Block Accounts Manager	9101500570	titochmarak@gmail.com	
32			Shri. John Luniar A. Sangma	Block Data Manager	9366993925	jldas416465@gmail.com	
33		Samanda Block	Dr. Sneha Lata R Sangma	Block Medical Officer	7406054517	snehasangma3@gmail.com	
34			Winky M Sangma	Block Programme Manager	8787595790	winksangma@gmail.com	
35			Rimje K. Sangma	Block Accounts Manager	8794993970	rimjesangma27@gmail.com	
36			Shri. Thinkubar B Sangma	Block Data Manager	9774496783	thinkubarsangma@gmail.com	
37		Songsak Block	Dr. Jury D Shira	Block Medical Officer	7005888055	juryshira@gmail.com	
38			Salchuba R. Marak	Block Programme Manager	9366080825	salchuba2@gmail.com	
39			Smt. Joyta G Momin	Block Accounts Manager	7005477619	joyta.gabil@gmail.com	
40			Thrimple A. Sangma	Block Data Manager	8729964064	thrimpleb@gmail.com	
41		North Garo Hills	Resubelpara Block	Dr. Niranjan R Marak	Sub-Divisional Medical & Health Officer	9101218844/9856356383	dr.n.r.marak@gmail.com
42				Walseng Sangma	Block Program Manager	9862268188	swalseng21@gmail.com
43				Silang Baldura Ch Momin	Block Accounts Manager	9362182600	mominsilang@gmail.com
44				Hamedul G Momin	Block Data Manager	9612718629	hamedulmomin@gmail.com
45	Kharkutta Block		Dr. Chelsea R Marak	Block Medical & Health Officer	9774501184/9362179783	chelzmarak20@gmail.com	
46			Bernard Sangma	Block Program Manager	6000511729	bernardsangma1966@gmail.com	
47			Chusrang K Sangma	Block Accounts Manager	8011802173	chusrangsangma77@gmail.com	
48			Carlos R Marak	Block Data Manager	8974408804	rimsucarlos@gmail.com	
49	South West Garo Hills	Betasing Block	Dr. Midrose R Marak	Block Medical & Health Officer	9366367932	marakrose03@gmail.com	
50			Salgra G. Momin	Block Programme Manager	8787341992	salgramomin0891@gmail.com	
51			Urba A Sangma	Block Accounts Manager	8787586742	urbasangma4@gmail.com	
52			Appu A. Sangma	Block Data Manager	8414849456	apusg1987@gmail.com	
53		Zikzak Block	Dr. Arundhuti Hajong	Block Medical & Health Officer	8731031071	arundhutihajong@gmail.com	
54			Ardy D Sangma	Block Programme Manager	9089960912	ardysangma15@gmail.com	
55			Anthony B. Marak	Block Accounts Manager	8974615260	bmarakanthony@gmail.com	
56			Silchinora Ch Momin	Block Data Manager	7630008652	mominnorah@gmail.com	
57	South Garo Hills	Baghmara Block	Dr. Laster D Sangma	Block Medical Officer	8787505161	laster.sangma@gmail.com	
58			Chevy Salniang Ch Marak	Block Programme Manager	7005744178	chevysalniangmarak@gmail.com	
59			Frinier S Marak	Block Data Manager	8414807089	fmarak883@gmail.com	
60			Rupania R Marak	Block Accounts Manager	8837365066	ruphania@gmail.com	
61		Rongara Block	Dr. Uday R Marak	Block Medical Officer	7085215577	Udai.raksam@gmail.com	
62			Pargias D.Sangma	Block Programme Manager	7005873732	pargiassangma@gmail.com	
63			Praylord Ch. Marak	Block Accounts Manager	8575361840	marakchpray@gmail.com	
64			Shri. Sailendro Koch	Block Data Manager	9394314446	sailendrakoch362@gmail.com	
65		Gasuapara Block	Dr. Nicky Cruz R Marak	Block Medical Officer	6009181322	nickycruz@gmail.com	
66			Shri. Silmen T Sangma	Block Programme Manager	9402595596	Siltegite@gmail.com	
67			Kristobel D Marak	Block Accounts Manager	8974272868	kristobelmarak2@gmail.com	
68			Rikte R Marak	Block Data Manager	8132006335	riktereichil@gmail.com	
69		Chocpot	Dr. Jimrich A Marak	Block Medical Officer	-	jimrich85@gmail.com	
70			Anthony Ch Sangma	Block Programme Manager	9862043912	anthonasangma123@gmail.com	

Sl. No.	District Name	Block Name	Name	Designation	Contact No./ Mobile No.	Email Ids	
71		Block	Trozer R Momin	Block Accounts Manager	7629923491	throzerema@gmail.com	
72			Shri.Jeremy D Sangma	Block Data Manager	8837413063	jeremydotsangma@gmail.com	
73	West Garo Hills	Rongram Block	Dr. Imelda Toksi R Marak	Block Medical Officer	76298 02151	imeldamarak@yahoo.in	
74			Masel Wabbe Ch Sangma	Block Programme Manager	8787867369	maselwabbe@gmail.com	
75			Nichra Momin	Block Accounts Manager	8414077556	cherecloudia@gmail.com	
76			Chere Cloudia B Marak	Block Data Manager	8416070505	nichramn7@gmail.com	
77		Dadengiri Block	Dr. Trisna Cherit M Sangma	Block Medical Officer	87876 08316	cherithsangma@gmail.com	
78			RONNY G MOMIN	Block Programme Manager	7005171025	ronnymomin@gmail.com	
79			SUNNY M MARAK	Block Accounts Manager	8787780171	sunnymrong91543@gmail.com	
80			WINEN SANGMA	Block Data Manager	8787545843	winensangma@gmail.com	
81		Tikrikilla Block	Dr. Trimoneer W Momin	Block Medical Officer	9973900638	thimonnier.momin@gmail.com	
82			Silman R Marak	Block Programme Manager	9612931934	silmanmrk@gmail.com	
83			Bikash Seal Sharma	Block Accounts Manager	9402509331	bikashs.sharma@gmail.com	
84			Nagrak B Sangma	Block Data Manager	8787593702	nagrakbsangma@gmail.com	
85		Gambegre Block	Dr. Sujarin R Marak	Block Medical Officer	7005225756	id-suzarin66@gmail.com	
86			Tariff A Sangma	Block Programme Manager	8787858073	sangmatariffs@gmail.com	
87			Ephar M Sangma	Block Accounts Manager	9366279694	epharsangma@gmail.com	
88			Warbuston Ch Sangma	Block Data Manager	7005687060	warbuston.sangma@gmail.com	
89		Dalu Block	Dr. Arpita R. marak	Block Medical Officer	7005265088	marakarпита6@gmail.com	
90			Shri. Stormly Sangma	Block Programme Manager	9366830254	sangmastorm@gmail.com	
91			Brante Amsrang Ch Marak	Block Accounts Manager	9366498321	branteamsrang24@gmail.com	
92			Happyloy D Sangma	Block Data Manager	9366686942	happyloysangma@gmail.com	
93	Selsella Block	Malcolm Jadambe G. Momin	Block Medical Officer	7005051129	mjjmomin@gmail.com		
94		Abu Akram Md Assaduz Zaman	Block Programme Manager	9436765609	sellsellabpm3@gmail.com		
95		Shri. Raksha Ch. Momin	Block Accounts Manager	9862701650	rakshahmomin@gmail.com		
96		Shri. Tapseng N Sangma	Block Data Manager	9862146120	tapnsang@gmail.com		
97	Ri-Bhoi	Umsning Block	Dr. M. Diengdoh	Block Medical Officer	9612505804	bpmusning@gmail.com	
98			Bokstar Syiem	Block Programme Manager	8787607701		
99			Juliana Mary Nongrum	Block Accounts Manager	7308378071		
100			Balawandondor Kharkongor	Block Data Manager	9862905972		
101		Umling Block	Dr. D. Momin	Block Medical Officer	8721901434	bpmumling@gmail.com	
102			Costarland Lyngdoh	Block Programme Manager	8974999617		
103			Marlis Wahlang	Block Accounts Manager	7085564182		
104			Balawanphylla Kharpuri	Block Data Manager	9089065149		
105		Jirang Block	Dr. K. Lyngdoh	Block Medical Officer	9101446694	bpmjirang@gmail.com	
106			Hiambok Iawphniaw	Block Programme Manager	9366824828		
107			Pillarstone Syiem	Block Accounts Manager	8794798693		
108			Dedriect Binong	Block Data Manager	9615808121		
109		East Khasi Hills	Myllem Block	Dr. D. P. Syiem	Block Medical Officer	9856489409	perlindsyiem@gmail.com
110				Jubilborn Son Wanniang	Block Programme Manager	9615094594	jubil. wann@gmail.com
111				Eusika Marboh	Block Accounts Manager	8794912560	euce. 8m@gmail.com
112				Lakyrmenhun Khonglam	Block Data Manager	7005357835	klakyr@gmail.com
113	Laitkroh Block		Dr. Rissoiki Kyndiah	Block Medical Officer	8837291255	risuookik@yahoo.com	
114			Gracious Buhsan	Block Programme Manager	8974788452	grabuhsan@gmail.com	
115			Badarishisha Marpna	Block Accounts Manager	8131006045	bam.laitkroh@gmail.com	
116			Sukjai Lyngdoh	Block Data Manager	8974960888	khamti.mai@gmail.com	
117	Shella Bholaganj Block		Dr. Gerald Swett	Block Medical Officer	9366454925	swettgeraldstanford@gmail.com	
118			Banteilang Liam	Block Programme Manager	9612606227	banteiliam227@gmail.com	
119			Biangborlang Byrsat	Block Accounts Manager	9383190673	byrsatbiangbor1977@gmai..com	
120			Franky Syiem	Block Data Manager	8794199030	franky.adyan@gmail.com	
121	Mawsynram Block		Dr. Rilutki Suchiang	Block Medical Officer	8575255798	suchiangrilutki16@gmail.com	
122			Larry Kupa Mawlong	Block Programme Manager	9362172720	kupa.larry@gmail.com	
123			Helina Marboh	Block Accounts Manager	6009089016	helimarboh01@gmail.com	
124			Chesstar Kharumnuid	Block Data Manager	9362704011	ckharumnuid@gmail.com	
125	Mawryngkne ng Block		Dr. Badapbiang Suting	Block Medical Officer	9436332192	beesuting@gmail.com	
126			Kynthup Marbaniang	Block Programme Manager	8794941373	kynthuplangmarbaniang@gmail.com	
127			Findalareen Majaw	Block Accounts Manager	8837363049	findalareen@gmail.com	
128			Anne Stella Dkhar	Block Data Manager	9615805910	anne.dkhar@gmail.com	
129	Mawphlang block		Dr. Habamutlang Lyngdoh	Block Medical Officer	8787586482	habalyngdoh18@gmail.com	
130			Mutshai Rani	Block Programme Manager	8974378839	mutshai.rani@gmail.com	
131			Smti. Dorothy Bamon	Block Accounts Manager	8132004294	ddawlitabamon21@gmail.com	
132			Mariabiang L. Nonglait	Block Data Manager	9615671758	lyngdoh.maria@gmail.com	
133	Pynursla block		Dr. Edmund Khongthaw	Block Medical Officer	9615812241	edmundkhongthaw@gmai.com	
134			Allan C Laloo	Block Programme Manager	9612712917	allan.laloo@gmail	
135			Ibashisha Lamin	Block Accounts Manager	8787413839	weilalamin21@gmail.com	
136			Angellyne Kharchandy	Block Data Manager	8794235525	angiekharchandy@gmail.com	
137	Mawkynrew Block		Dr. Ibanri Syiem	Block Medical Officer	8729962791	banri.syiem@gmail.com	
138			Geminica Kurbah	Block Programme Manager	9612124483	geminicakurbah@gmail.com	
139			Balapynshisha Dkhar	Block Accounts Manager	8974111169	baladykes@gmail.com	
140			Rympeibahun Thangkhiew	Block Data Manager	7005990649	ryms54@gmail.com	
141	Nongstoiñ Block		Dr. Tylli Syiem	Block Medical Officer	7422087918	nongstoinblock@gmail.com	
142			Joane Princessly Kharhoojon	Block Programme Manager	9402546904		
143			Renial Lyngdoh	Block Accounts Manager	9366013392		

Sl. No.	District Name	Block Name	Name	Designation	Contact No./ Mobile No.	Email Ids
144	West Khasi Hills	Mairang Block	Banphyrnai Marbaniang	Block Data Manager	8787553302	bpmumairang@gmail.com
145			Dr. P. E Hadia	Block Medical Officer	9863259704	
146			Dolcy Marbaniang	Block Programme Manager	7005977517	
147			Jason Jana	Block Accounts Manager	8414865815	
148			Pauline Khonglam	Block Data Manager	8837202704	
149		Mawshynrut Block	Dr. Sengmithi B Marak	Block Medical Officer	8131801603	bpmumawshynrut@gmail.com
150			Wanborlang Warlaitthma	Block Programme Manager	8414801882	
151			Jacinta Mery Rongrin	Block Data Manager	9366006278	
152			Sbidarland Kharbani	Block Accounts Manager	9856588303	
153		Mawthadraishan Block	Dr. L. Kharkongor	Block Medical Officer	8837288499	bpmumawthadraishan@gmail.com
154			Smarty Anne Majaw	Block Data Manager	8575205322	
155			Owelcy Sohshang	Block Programme Manager	9366763217	
156			Baiahunlang Lawriniang	Block Accounts Manager	8837499221	